



Parks, Recreation and Neighborhood Services Department
495 S. Main St., 5th Floor
Las Vegas, NV 89101



August - December 2013
Activity & Class Schedule
Get Up! Get Out! Get Active!

Help us make Adaptive Recreation fit your needs.
Complete a comment card so we can better serve you!

Visit our website at www.lasvegasparksandrec.com, to view classes and activities 24 hours a day, seven days a week. To register for Adaptive Recreation programs and activities, or for more information, please call (702) 229-4902.

The city of Las Vegas Parks, Recreation and Neighborhood Services Department proudly supports the Americans with Disabilities Act (ADA). If you are an individual with a disability or a parent of an individual with a disability and require program modifications, please contact the program supervisor two weeks prior to the program start date. Program modifications will be made on an individual case-by-case basis.

The Parks, Recreation and Neighborhood Services Department is committed to the fair, honest and professional treatment of all individuals and organizations with which we serve. We fully support the ADA and are dedicated to customer satisfaction.

Adaptive Recreation
Cindy Moyes - Supervisor

**Senior Inclusion
Recreation Specialist**
Andrea Anzalone, M.S., CTRS
Jonathan Foster
Bernard Preston, M.S., CRC
Jennifer Winder, CTRS

PR-0157-08-13RS • GA 52881

City of Las Vegas

Adaptive Recreation Fall 2013

August-December



Lorenzi Adaptive Recreation Program

Paralympic Sports Las Vegas

Leisure Connection - Project D.I.R.T.

Outreach - F.L.O.A.T.

New A.G.E. - Golf

The Adaptive Recreation Unit offers a variety of programs for persons of varying abilities. To obtain information or for a free monthly calendar of activities, please call the number listed. Most activities require preregistration.



www.lasvegasparksandrec.com

Special Events

Camp Cal

Travel with us to Calabasas, California, for this five-day four-night residential camp for adults ages 22 years and older with developmental disabilities. Everyone will participate in activities to help promote independence and social skills. Activities include sports, arts and crafts, hiking, and daily trips to Zuma Beach. Call Jennifer at (702) 229-5177 for more information and to be placed on the mailing list or e-mail jwinder@lasvegasnevada.gov.

Date: Monday-Friday, Sept. 9-13
Fee: \$400 per person

Annual Holiday Dance

Kick off the holiday season with a night of music, dancing, food, and fun. Call Jennifer at (702) 229-5177 for more information or to RSVP for the event.

Date: Saturday, Dec. 14
Time: 6:30-9:30 p.m.
Fee: \$20 per person
Location: Lieburn Senior Center
6230 Garwood Ave.

22nd Annual Disability Awareness Day

This event is co-sponsored by Southern Nevada Center for Independent Living (SNCIL), the city of Las Vegas Adaptive Recreation Program, the state of Nevada Department of Employment Training and Rehabilitation, Social Security Administration and Well Care Pharmacy, LLC. All ages are welcome! Vendors from across the valley specializing in the disability field will be available. For more information, please call Jonathan Foster at (702) 229-4796 or Mary Evilsizer, SNCIL, at (702) 889-4216.

Date: Saturday, Oct. 19
Fee: No cost
Location: Pioneer Park
7449 Braswell Drive



Adaptive Recreation Programs

New A.G.E. • (702) 229-5177

New A.G.E. "after work" recreation program is available for adults ages 22 years and older with developmental disabilities. The program offers a variety of activities and special events that promote individuality, self esteem and independence. Please call for registration packet and information or e-mail jwinder@lasvegasnevada.gov.

Location: Centennial Hills Active Adult Center/YMCA,
6601 N. Buffalo Drive

Session: Aug. 26-Dec. 20

Open: Monday-Friday, 1:30-5:30 p.m.

Closed: All major holidays and staff development days at Opportunity Village

Fee: 1-3 days - \$21, 4 days - \$28
5 days - \$35

Leisure Connection • (702) 229-5177

Leisure Connection is a social group for adults 22 years and older with developmental disabilities. Community outings are planned each month to assist high-functioning adults with social skills and independence in the community. Activities include bowling, movies, lunch/dinner outings, sports events and leisure education classes. Please call to be placed on the activity schedule mailing list or e-mail jwinder@lasvegasnevada.gov.

Lorenzi Adaptive Recreation Program (702) 229-6358 or (702) 229-4903

The Lorenzi Adaptive Recreation Center provides recreational programming for youth of all abilities ages 7-21. Participants will enjoy a new recreation experience every week, community outings, sports, games, arts and crafts, swimming, movies, friends and all-around fun. Please call for registration packet and information.

Location: East Las Vegas Community Center
250 N. Stewart Ave.

Session: Aug. 26-Dec. 20

Open: Monday-Friday 1:30-6 p.m.

Closed: Sept. 2, Oct. 25, Nov. 11, Nov. 28-29,
Dec. 23-Jan. 3, 2014

Fee: 1-3 days- \$27, 4 days - \$36
5 days - \$45

Project D.I.R.T. • (702) 229-4796

Day Hikes

Call for more information on dates and fees.



Tent Camp

Designed for those adults with individuals who have developmental disabilities.

Sept. 14-15	Sat.-Sun.	Camping	\$25
Nov. 9-10	Sat.-Sun.	Floyd Lamb Park at Tule Springs	\$25

Vegas Vision • (702) 229-4904

Individuals ages 7 and up with visual impairments may participate in a variety of activities, including tandem bike rides, goal ball, swimming, rock climbing, fishing and special outings.

Disability Awareness/Sensitivity Training • (702) 229-4904

We provide disability awareness and sensitivity training presentations to outside agencies, organizations and interest groups.

G.O.L.F. • (702) 229-4904

G.O.L.F. is a seasonal golf program for individuals of all abilities ages 12 and older who would like to attain the knowledge and understanding of basic mechanics in the golf swing. Participants can learn the game, improve strength and skills, and gain self-confidence. *Group Sessions (one-hour class) \$3 per student*



F.L.O.A.T. • (702) 229-4902

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities.

One-On-One Swim Lessons

Our private instruction is designed to meet the needs of people of all abilities. The lessons are based on the American Red Cross' Learn-to-Swim Program.

Six 30-minute lessons \$100

Ages: 3+

Call to register.

Aquatic Therapy

This course is designed to strengthen mobility, coordination, balance, endurance, flexibility and core stability using a variety of aquatic techniques. Therapy is offered in private and group settings. Please call for more information. Four sessions, \$35

Ages: 3+

Group/Instructional Swim

This program provides swim instruction, life skills and recreational opportunities to a variety of community agencies. If you are interested in having your group participate, please call for more information.



Community Partners

ABILITY CENTER

Better Life mobility center

INVACARE
Yes, you can.

Paralyzed Veterans of America

UNLV
UNIVERSITY OF NEVADA LAS VEGAS

DRC
Disability Resource Center



Paralympic Sports Club Las Vegas

Paralympic Sports Club Las Vegas, in conjunction with the Clark County School District, is a program designed for children and adults with physical disabilities that offers sports training and competitions throughout Southern Nevada. Our mission is to maximize the potential of people (grades 1-12) with physical disabilities through sports. *For more information on the programs below, contact Jonathan Foster at (702) 229-4796 or jfoster@lasvegasnevada.gov.*



August - December 2013 Activities



September

PSC-LV Wheelchair Basketball	Sept. 17 -ongoing	Tues./Thurs.	Adaptive Rec pass required
PSC-LV Activity Night	Sept. 18	Wed.	No cost
Project D.I.R.T.	Sept. 14-15	Sat.-Sun.	\$25

October

PSC-LV Wheelchair Basketball	Oct 1 -ongoing	Tues./Thurs.	Adaptive Rec pass required
PSC-LV Wheelchair Tennis	Oct. 4 -ongoing	Fri.	Adaptive Rec pass required
PSC-LV Handcycling	Oct. 5	Sat.	Adaptive Rec pass required
DAD	Oct. 19	Sat.	No cost
Project D.I.R.T. Floyd Lamb	Oct. 12-13	Sat.-Sun.	\$25
PSC-LV Activity Night	Oct. 16	Wed.	No cost
PSC-LV Handcycling	Oct. 19	Sat.	Adaptive Rec pass required
Disability Awareness, Halloween	Oct. 30	Wed.	No cost

November

PSC-LV Wheelchair Basketball	Nov. 5 -ongoing	Tues./Thurs.	Adaptive Rec pass required
PSC-LV Wheelchair Tennis	Nov. 1 -ongoing	Fri.	Adaptive Rec pass required
PSC-LV Handcycling	Nov. 2	Sat.	Adaptive Rec pass required
Project D.I.R.T. Floyd Lamb	Nov. 9-10	Sat.-Sun.	\$25
PSC-LV Activity Night	Nov. 11	Wed.	No cost
PSC-LV Handcycling	Nov. 16	Sat.	Adaptive Rec pass required
PSC-LV Wheelchair Tennis Tournament	Nov. 23-24	Sat.-Sun.	Adaptive Rec pass required

December

PSC-LV Wheelchair Basketball	Dec 3 -ongoing	Tues./Thurs.	Adaptive Rec pass required
PSC-LV Wheelchair Tennis	Dec. 6 -ongoing	Fri.	Adaptive Rec pass required
PSC-LV Handcycling	Dec. 7	Sat.	Adaptive Rec pass required
PSC-LV Activity Night	Dec. 18	Wed.	No cost

NOTE: All tennis classes are at 1-3 p.m.



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